

Welcome

The Trustees of the Dalai Lama Center for Peace and Education are delighted that you have chosen to participate in the inauguration of the Center by His Holiness the XIV Dalai Lama and to attend the Vancouver Dialogues 2006.

The visit of the Dalai Lama to Vancouver is the culmination of over two years of dedicated commitment and effort by numerous individuals and organizations to realize the vision of the Center and the Dialogues. The Vancouver Dialogues 2006 reflect the Center's mandate to foster and support "education of the heart" and teachings on kindness, compassion and interconnectedness. During the Dalai Lama's visit, he will converse with leading thinkers on education, science, spirituality and creating harmony amongst diverse communities.

In this commemorative program you will find an overview of the Center and a description of each Dialogue. We have also devoted a portion of this program to honour the contribution of the many generous and kind hearted individuals and organizations who have made the visit and the establishment of the Center possible.

The Vancouver Dialogues 2006 is the basis from which the Center will grow and flourish. We invite the financial support of all those who would like to see the Center's vision become a reality. We also encourage you to keep informed about Center programs, activities and developments by registering online at www.dalailamacenter.org for e-updates.

Thank you and enjoy the Vancouver Dialogues 2006.

Evan Alderson, Victor Chan, James Hoggan, Thomas Rafael
The Trustees of the Dalai Lama Center for Peace and Education

About The Dalai Lama Center For Peace And Education

The Dalai Lama Center for Peace and Education is committed to the Dalai Lama's vision to "develop the heart, be compassionate, work for peace in your heart and in the world."

The Center will foster and support "education of the heart" and teachings on kindness, compassion and interconnectedness. The Center will provide an educational environment that cultivates mindfulness: the integration of mind, body, and spirit. It will encourage heightened awareness within diverse practices of art and it will offer a venue to examine the world's wisdom traditions through creative interpretation.

Founded in 2005 with the active support of the Dalai Lama, the Center has no religious or political affiliation. It will build upon the Dalai Lama's unique and compelling appeal as a world figure who reaches out to all people with a message of compassion, kindness and mutual understanding.

The Center will be located in the heart of Vancouver and will provide a multi-purpose venue with accessible meeting, lecture and exhibition spaces. It will include a gallery, library, cafe and bookstore among its warm and inviting spaces.

The Center has an International Advisory Board which includes Desmond Tutu, Jimmy Carter, Vaclav Havel, Shirin Ebadi, Tenzin Choegyal, Mairead Maguire and the Dalai Lama as Honourary Chair. Gwyn Morgan is a Canadian Advisor to the Center.

By bringing peace into our own lives, the Center will help to bring peace into the world.



TRUSTEES - Victor Chan, Evan Alderson, Thomas Rafael, James Hoggan



ORGANIZING COMMITTEE - Front Row (L to R): Julie Connolly, Charlene McAllister, Marina Ma, Enid Marion, Phuntsok Khako, Freydis Welland Back Row (L to R): Rosemary Prinz, Tony Phillips, Kim Schonert-Reichl, Ingrid Alderson *Missing*: Victor Chan, Allie Drake, Linda Farr-Darling, David Helliwell, Charles Holmes, Dolma Khako, Maria LeRose, Bruce Lovell, Carol Mann, Tim Mcgeer, James McGregor, David Nanton, Christine Overvelde, Chris Vautour, Hilary Wooller

Highlights

FRIDAY, SEPTEMBER 8

NURTURING COMPASSION - featuring selected students in dialogue with the Dalai Lama, organized by the Center, the Vancouver School Board and numerous schools across the Lower Mainland, with the cooperation of the UBC Faculty of Education

EDUCATING THE HEART - featuring the Dalai Lama in dialogue with leading educators, organized by the Center with the cooperation of the UBC Faculty of Education

SATURDAY, SEPTEMBER 9

HAPPINESS & STRESS AS DETERMINANTS OF MENTAL HEALTH - featuring the Dalai Lama in dialogue with leading scientists, organized by the Center and the UBC Institute of Mental Health

CULTIVATING HAPPINESS - Public Talk preceded by a Tibetan Bazaar and Children's Choir, organized by the Center and the Tibetan Cultural Society of British Columbia

CONNECTING FOR CHANGE - corporate and social leaders in dialogue, organized by the Center with the cooperation of Simon Fraser University

SUNDAY, SEPTEMBER 10

CONNECTING FOR CHANGE - corporate and social leaders in dialogue with the Dalai Lama, organized by the Center with the cooperation of Simon Fraser University

VANCOUVER DIALOGUES 2006 CLOSING RECEPTION

Organized by the Center



Nurturing Compassion

Friday, September 8

Orpheum

8:30 – 11:30 am

If you want others to be happy, practice compassion.

If you want to be happy, practice compassion.

8:30 am	Student Music & Art Slideshow
8:45 am	Webcast Begins
9:10 am	Dalai Lama in Dialogue with Students

The Dalai Lama will share the Orpheum stage in the morning with nine high school students from the Lower Mainland. He will listen to the students' personal stories of acts of compassion and courage and answer questions from them and other students who will tune in via webcast from locations across British Columbia. This will be one of the few times the Dalai Lama has shared the stage solely with students.

STUDENT MODERATOR

ANGELA TSUI - 17, Richmond Secondary School, Richmond

STUDENT MC'S

ANJALI APPADURAI - 16, Gleneagle Secondary School, Coquitlam

STEPHEN BOLES - 15, Pinetree Secondary School, Coquitlam

STUDENT PRESENTERS

BENNETT CHEUNG - 13, Burnaby Central Secondary School

JANY GAO - 17, New Westminster Secondary School

IRENE HONG - 16, West Vancouver Secondary

VINNY LOCSIN - 17, St. George's Secondary School (Independent)

KIT (CHRISTOPHER) SAUDER - 17, Earl Marriott Secondary School, Surrey

LUCY WANG - 17, Point Grey Secondary School, Vancouver

FIRST NATIONS BLESSING

MARY CHARLES - Musqueam Elder

CLOSING REMARKS

MARC KIELBERGER - CEO, Free the Children

Educating The Heart

Friday, September 8

Orpheum

1:00 pm – 4:00 pm

*Love and compassion are beneficial both for you and for others.
Through your kindness toward others, your mind and heart will
open to peace.*

1:00 pm

Introductions

1:15 pm – 3:45 pm

Dalai Lama in Dialogue with Educators

4:00 pm

Closing

The afternoon begins with remarks by the Dalai Lama on educating the heart, followed by discussions on the themes of teaching compassion and educating the emotions. The discussions are intended to help clarify the aims and explore the foundations of educating the heart and to focus on teaching compassion and empathy.

SPEAKERS

MARTIN BROKENLEG - Vancouver School of Theology

WILLIAM DAMON - Stanford University

MARY GORDON, OC - Founder/President, Roots of Empathy

MARK GREENBERG - Penn State College of Health and Human Development

CLYDE HERTZMAN - University of British Columbia

TIM SHRIVER - Chair of the Special Olympics

KIM SCHONERT-REICHL - Dialogue Chair, University of British Columbia

MARIA LEROSE - Moderator, Facilitator

ROB TIERNEY - Dean of Education, University of British Columbia

CHRIS KELLY - Superintendent, Vancouver School Board

LORNE MAYENCOURT - MLA

Happiness & Stress

As Determinants Of Mental Health

Saturday, September 9

Orpheum

9:00 – 11:30 am & 1:00 – 3:00 pm

The basic sources of happiness are a good heart, compassion and love. If we have these mental attitudes, even if we are surrounded by hostility, we feel little disturbance. On the other hand, if we lack compassion and our mental state is filled with anger or hatred we will not have peace.

9:00 am – 11:30 am	Dalai Lama in Dialogue with Scientists
11:30 – 1:00 pm	Light Lunch Provided in Orpheum
1:00 pm	Video Presentation
1:30 – 3:00 pm	Dalai Lama in Dialogue with Scientists

The Dalai Lama will engage in dialogue with leading experts on the topic of understanding how positive and negative emotions influence mind and body. In the morning, the Dalai Lama will begin by providing an overview of happiness. He will then engage in dialogue with scientists about strategies for improving our understanding of 'happiness' and the application of scientific findings to real life events. During the afternoon dialogue, the panel and the Dalai Lama will explore the pervasive effects of stress on the body and mind.

SPEAKERS

DEEPAK CHOPRA - Chopra Center for Well Being

ED DIENER - University of Illinois

PAUL EKMAN - University of California, San Francisco

DACHER KELTNER - University of California Berkeley

SONYA LYUBOMIRSKY - University of California, Riverside

MICHAEL MEANY - McGill University

ALLAN YOUNG - University of British Columbia

DIALOGUE CHAIR AND MODERATOR

TONY PHILLIPS - University of British Columbia, Institute of Mental Health

Cultivating Happiness

Saturday, September 9

GM Place

3:45 – 5:00 pm

Doors open 2:00 pm for a Tibetan Bazaar and Children's Choir

Love, compassion, and concern for others are real sources of happiness.

2:00 pm

Doors Open

2:00 – 3:15 pm

Concourse Bazaar

3:15 – 3:45 pm

Introductions & Children's Choir

3:45 – 5:00 pm

Dalai Lama talks on

“Cultivating Happiness”

The Dalai Lama will present a public talk in the late afternoon at GM Place entitled “Cultivating Happiness”. During the talk, he will discuss the causes and conditions for happiness and provide guidance on developing an authentic sense of well-being that is not dependent on external circumstances.

KEVIN NEWMAN - MC

MAYOR SAM SULLIVAN - Introduction



Connecting for Change

Saturday, September 9 & Sunday, September 10

Morris J. Wosk Centre for Dialogue

9:00 am – 3:00 pm

Every individual has a responsibility to help guide our global family in the right direction. Good wishes are not sufficient; we must become actively engaged.

Connecting for Change: Corporate and Social Leaders in Dialogue, will bring together and connect leaders from the corporate and social sectors to help build relationships and partnerships, focused on mutual and societal gain. Participants in this Dialogue will share examples of effective collaboration between these sectors and, with the Dalai Lama, explore the role the Dalai Lama Center for Peace and Education could play in helping to strengthen the awareness of interdependencies and interconnection between these sectors in ways that will bring about positive change in the world.

The Connecting for Change Dialogue is by invitation only, but the results of the Dialogue will be posted at www.dalailamacenter.org and portions of the Dialogue will be webcast.

MODERATORS

PETER BLOCK- Author and consultant on ways to create workplaces and communities that work for all.

PETER SENGE - Senior Lecturer at MIT, a “Strategist of the Century” as named by the *Journal of Business Strategy*, founding Chair of the Society for Organizational Learning

FACILITATORS

CHARLES HOLMES - Facilitator, Dialogue Chair

DIANA CAWOOD - Facilitator

PETER KOESTENBAUM - Philosophy in Business

Acknowledgements

We are pleased to recognize the following sponsors, donors and individuals whose kind support helped cover the costs of the Dialogues and assisted in the establishment of the Dalai Lama Center for Peace and Education.

LEAD SPONSORS



The Fetzer Institute

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Vancouver School Board

Roundhouse Community Arts & Recreation Centre

FINANCIAL SUPPORT

The Center would also like to recognize Hubert Chao, Ross MacDonald, Elaine Munroe, Mark Prior and Nancy Wu for their financial support of the Center.

VOLUNTEERS

In addition to direct financial or in kind support, we wish to deeply thank all the individuals who graciously donated their time, skills and resources to ensure the success of the Vancouver Dialogues. They are too numerous to mention in this program, but a full list of volunteers will be listed at www.dalailamacenter.org following the conclusion of the Dialogues.

Support the Center

Thank you for your interest in the Dalai Lama Center for Peace and Education. We would like to stay in touch with you. Please register at www.dalailamacenter.org to receive email updates about our progress and programs.

Financial support from individuals and organizations will enable the Center to build a climate of peace through research, education and dialogue. If you wish to contribute, please visit our website to download a donation form.

Responsibility does not only lie with the leaders of our countries or with those who have been appointed or elected to do a particular job. It lies with each of us individually.

Peace, for example, starts within each of us.

When we have inner peace, we can be at peace with those around us.

